

The Prodrug Approach: A Successful Tool for Improving Drug Solubility

**NEELAM, RESEARCH SCHOLAR
OPJS UNIVERSITY, RAJASTHAN, CHURU
DR. PARVEEN KUMAR
ASSOCIATE PROFESSOR, DEPTT., OF CHEMISTRY
OPJS UNIVERSITY, RAJASTHAN, CHURU**

Abstract

Prodrug configuration is a broadly known atomic alteration technique that plans to improve the physicochemical and pharmacological properties of drugs to improve their dissolvability and pharmacokinetic highlights and decline their poisonous quality. An absence of dissolvability is one of the fundamental snags to tranquilize advancement. This audit expects to depict late advances in the improvement of dissolvability by means of the prodrug approach. The primary synthetic transporters and instances of effective techniques will be talked about, featuring the advances of this field over the most recent ten years.

Keywords: water-soluble prodrugs; solubility of prodrugs; molecular modification, prodrug; solubility;

Introduction

Poor solvency is one of the fundamental issues looked by specialists during drug improvement. Usually, even with the utilization of current computational "channels" to limit this issue, mixes that are dynamic in vitro may need satisfactory pharmacokinetic properties and additionally might be hard to detail . An examination directed with the best 200 oral medication items in Japan, Great Britain, United States and Spain uncovered that around 37% of drugs had

solubilities of under 0.1 mg/mL. One clarification may incorporate the requirement for drugs that are exceptionally intense in low portions, notwithstanding, this issue speaks to a test in medicate disclosure. Despite the fact that the prodrug approach is often viewed as just when the model presents sudden issues, this system offers an adaptable way to deal with sedate improvement and ought not be considered a final hotel. The prodrug approach is a promising atomic adjustment by which tranquilize engineers furthermore, creators can adjust tranquilize pharmacokinetics, pharmacodynamics and toxicology. A prodrug is an ineffectively dynamic or latent compound containing the parental medication that experiences some in vivo biotransformation through compound or enzymatic cleavage, empowering the conveyance of the dynamic particle at strong levels. Prodrugs are customarily grouped in two significant classes: transporter connected prodrugs and bioprecursors. Transporter connected prodrugs can be named bipartite prodrugs, in which the transporter is connected straightforwardly to the parent sedate, and tripartite prodrugs, in which a spacer joins the transporter to the parent tranquilize. Transporters are generally connected by compound gatherings such as ester, amide, carbamate, carbonate, ether, imine, phosphate, among others. Common prodrugs are a kind of transporter connected prodrug in which two dynamic mixes are connected each acting as the bearer to the next. These prodrugs have expanded adequacy through synergistic activity. Another sort of bearer connected prodrug is the macromolecular prodrug; these prodrugs utilize polymeric spines as bearers. Macromolecular prodrugs are ordinarily used to plan prodrug that is destined to be separated within a cell and in focused medication conveyance frameworks.

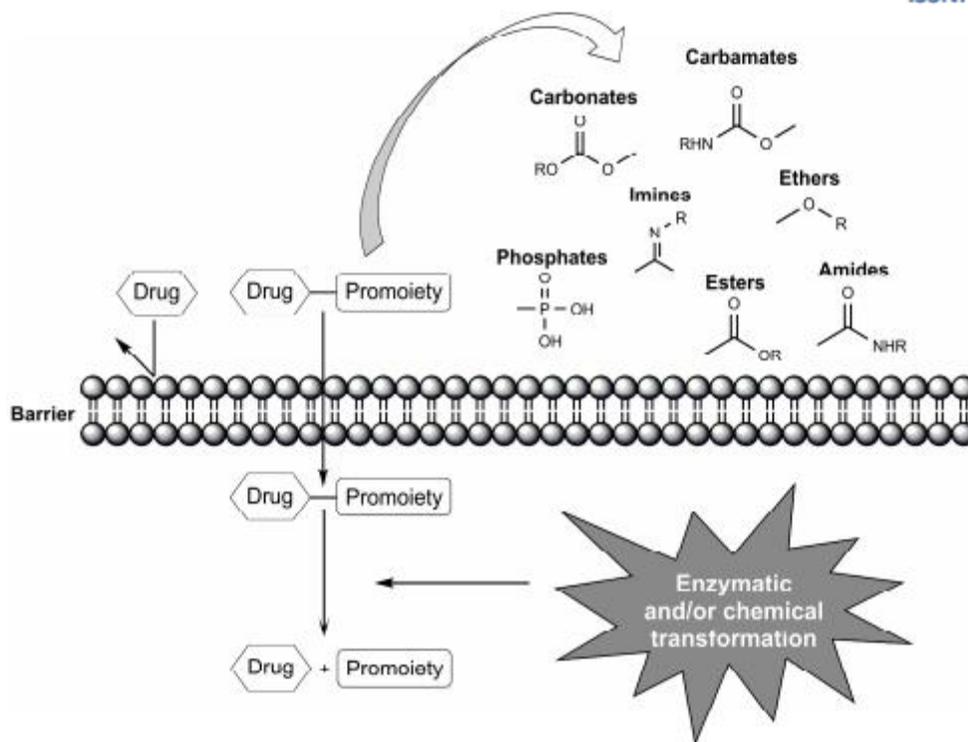


Figure: bioactivation of prodrugs by enzymatic

Thus, the prodrug approach exhibits a sheltered and compelling methodology by which to improve the dissolvability of drugs. This survey means to display the most recent methodologies in prodrug configuration used to get water-dissolvable mixes for oral and parenteral employments. We chose inquire about from the last ten a long time (2005 through August of 2015) demonstrating expanded dissolvability through the prodrug approach. In the writing search, we utilized the accompanying terms: "water-solvent prodrugs", "expanded dissolvability prodrugs" and "upgraded solvency prodrugs" in distributed databases including PubMed, LILACS, Scielo, Cochrane, Web of Science and Scopus.

Ester Prodrugs

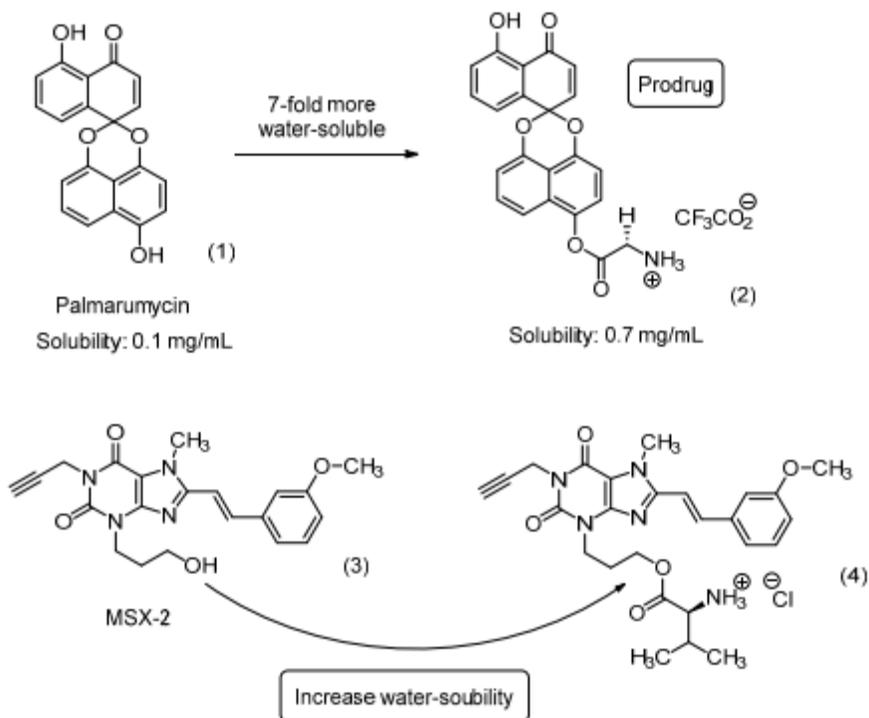
The highlights of a perfect prodrug incorporate the accompanying: (a) hydrolysis opposition during retention; (b) frail or no movement; (c) watery solvency; (d) great porousness through the cells; (e) synthetic

strength at various pHs; (f) energy that permit arrival of the parental medication . Among the synthetic bonds used to connect the parental medication and transporter, esters have demonstrated to be promising due to their managability to hydrolysis both in vivo and in vitro. A few instances of the utilization of esters in prodrug configuration are examined beneath. The protein thioredoxin–thioredoxin reductase assumes a significant job in thioredoxin framework by catalyzing the decrease of thioredoxin. In particular, the thioredoxin framework takes an interest in ensuring DNA against oxidative harm and has been involved in a few ailments, including malignant growth and rheumatoid joint pain . Among the depicted inhibitors, the naphthoquinone spiroketal compound palmarumycin has appeared in vitro anticancer action; in any case, it bombed in vivo tests. The creators estimated that the absence of action could be because of its high lipophilicity; in this manner, they planned prodrugs containing amino-esters and two morpholine analogs. The glycyl ester subsidiary 2 was in excess of multiple times more solvent in water than its parent tranquilize. Regardless of the higher dissolvability contrasted with the parent tranquilize, the compound didn't display better movement analyzed than palmarumycin CP1.

Atoms 2016, 21, 42 3 of 30

(e) concoction security at various pHs; (f) energy that permit arrival of the parental medication . Among the substance bonds used to connect the parental medication and transporter, esters have demonstrated to be promising because of their amiability to hydrolysis both in vivo and in vitro. A few instances of the utilization of esters in prodrug configuration are examined beneath. The compound thioredoxin–thioredoxin reductase assumes a significant job in thioredoxin framework by catalyzing the decrease of thioredoxin. In particular, the thioredoxin framework partakes in ensuring DNA against oxidative harm and has been embroiled in a few illnesses, including malignancy and rheumatoid joint inflammation. Among the depicted inhibitors, the naphthoquinone spiroketal compound palmarumycin (1) has appeared in vitro anticancer movement; notwithstanding, it flopped in vivo tests. The creators conjectured that the absence of action could be because of its high lipophilicity; in this manner, they structured prodrugs containing amino-esters and two morpholine analogs. The glycyl ester subsidiary 2 was in excess of multiple times more solvent in water than its parent tranquilize. In spite of the higher

solubility contrasted with the parent sedate, the compound didn't display better action looked at than palmarumycin CP1 .



New water-dissolvable antiviral mixes likewise use ester amino-corrosive prodrugs to build dissolvability with a bicyclic nucleoside subunit. This framework was at first depicted as a side-effect of the buildup of 5-iodo nucleosides inside terminal alkynes catalyzed by palladium; nonetheless, in vitro examines uncovered movement against a few infections, including herpes simplex (type 1 and type 2), varicella zoster and cytomegalovirus. One of the most dynamic mixes was the p-pentylphenylbicyclic nucleoside simple Cf1743; nonetheless, its low solubility in water constrains its utilization. The prodrug approach was utilized to determine this constraint, with dipeptides as transporters of Cf1743 (Val, Asn, Lys, Asp). The amino-corrosive master buildup is perceived by the catalyst dipeptidyl-peptidase IV (DPPIV/CD26), which is communicated in leukocytes just as epithelial, endothelial and fibroblast cells. It was estimated that leukocyte catalysts would initiate the prodrug. Curiously, the creators discovered a simple 5 with 4000-fold more prominent dissolvability in water and 7–15-fold more noteworthy bioavailability contrasted with the parent tranquilize.

New water-dissolvable antiviral mixes likewise use ester amino-corrosive prodrugs to build dissolvability with a bicyclic nucleoside subunit. This framework was at first depicted as a side-effect of the buildup of 5-iodo nucleosides inside terminal alkynes catalyzed by palladium; nonetheless, *in vitro* examines uncovered movement against a few infections, including herpes simplex (type 1 and type 2), varicella zoster and cytomegalovirus. One of the most dynamic mixes was the p-pentylphenylbicyclic nucleoside simple Cf1743; nonetheless, its low solvency in water constrains its utilization. The prodrug approach was utilized to determine this constraint, with dipeptides as transporters of Cf1743 (Val, Asn, Lys, Asp). The amino-corrosive master buildup is perceived by the catalyst dipeptidyl-peptidase IV (DPPIV/CD26), which is communicated in leukocytes just as epithelial, endothelial and fibroblast cells. It was estimated that leukocyte catalysts would initiate the prodrug. Curiously, the creators discovered a simple 5 with 4000-crease more prominent dissolvability in water and 7–15-overlay more noteworthy bioavailability contrasted with the parent tranquilize.

Conclusions

The prodrug approach has been a fruitful instrument for improving solvency in water, as anyone might imagine seen from a few distributions that appeared at 400,000-crease expanded dissolvability contrasted with the parent sedate, as depicted thus. This methodology can make it conceivable to abstain from disposing of promising dynamic models or drugs with restorative uses restricted by poor dissolvability. The sane determination of the satisfactory star moiety and the kind of linkage, (e.g., ester, amide, carbamate and phosphate), may decide the prodrug selectivity, lethality, and perfect bioconversion profile. Besides, the prodrug approach could be seen as an option in the early periods of medicate disclosure. This procedure might be utilized to balance pharmacokinetic properties (assimilation, dissemination, digestion and discharge), just as poor water solvency, a basic advance in pre-clinical stages. Most of prodrugs displayed in this were esters and amides on the grounds that esterases what's more, amidases could initiate them, discharging the parent medicate. Amino acids were the most-utilized water-dissolvable professional moieties and, as exhibited by a few checked on creators, productively increment

dissolvability in water. By and by, a few other synthetic gatherings are spoken to in this to a lesser degree, for example, glycol gatherings (e.g., polyethylene glycol and ethylene glycol) and glycosides. A few prodrugs were endorsed over the most recent 10 years by the FDA, in spite of the fact that not all prodrugs were intended to build dissolvability. By the by, numerous prodrugs were intended for this reason, for example, tedizolid phosphate, ceftarolinefosamil and fospropofol disodium. Along these lines, the prodrug approach is a significant instrument in sound medication configuration to improve tranquilize dissolvability in water.

References

1. Rautio, J.; Kumpulainen, H.; Heimbach, T.; Oliyai, R.; Oh, D.; Järvinen, T.; Savolainen, J. Prodrugs: Design and clinical applications. *Nat. Rev. Drug Discov.* 2008, 7, 255–270. [CrossRef] [PubMed]
2. Takagi, T.; Ramachandran, C.; Bermejo, M.; Yamashita, S.; Yu, L.X.; Amidon, G.L. A provisional biopharmaceutical classification of the top 200 oral drug products in the United States, Great Britain, Spain, and Japan. *Mol. Pharm.* 2006, 3, 631–643. [CrossRef] [PubMed]
3. Huttunen, K.; Raunio, H.; Rautio, J. Prodrugs: Design and clinical applications. *Pharmacol. Rev.* 2011, 63, 750–771. [CrossRef] [PubMed]
4. Stella, V.J.; Nti-Addae, K.W. Prodrug strategies to overcome poor water solubility. *Adv. Drug Deliv. Rev.* 2007, 59, 677–694. [CrossRef] [PubMed]
5. Abu-jaish, A.; Jumaa, S.; Karaman, R. Prodrug Overview. In *Prodrugs Design: A New Era*; Karaman, R., Ed.;
6. Beaumont, K.; Webster, R.; Gardner, I.; Dack, K. Design of ester prodrugs to enhance oral absorption of

poorly permeable compounds: Challenges to the discovery scientist. *Curr. Drug Metab.* 2003, 4, 461–485.

[CrossRef] [PubMed]

7. Testa, B. Prodrugs: Bridging pharmacodynamic/pharmacokinetic gaps. *Curr. Opin. Chem. Biol.* 2009, 13,

338–344. [CrossRef] [PubMed]

8. Chung, M.-C.; Silva, A.T.D.A.; Castro, L.F.; Güido, R.V.C.; Nassute, J.C.; Ferreira, E.I. Latenciação e formas

avancadas de transporte de fármacos. *Rev. Bras. Ciênc. Farm.* 2005, 41, 155–180. [CrossRef]

9. Redasani, V.K.; Bari, S.B. Prodrug Design: Perspectives, Approaches and Applications in Medicinal Chemistry,

1st ed.; Academic Press: London, UK, 2015.

10. Zovko, M.; Zorc, B.; Novak, P.; Tepeš, P.; Cetina-Cižmek, B.; Horvat, M. Macromolecular prodrugs: XI. ˇ

Synthesis and characterization of polymer–estradiol conjugate. *Int. J. Pharm.* 2004, 285, 35–41. [CrossRef]

[PubMed]

11. Ettmayer, P.; Amidon, G.L.; Clement, B.; Testa, B. Lessons Learned from Marketed and Investigational

Prodrugs. *J. Med. Chem.* 2004, 47, 2393–2404. [CrossRef] [PubMed]

12. Han, H.K.; Amidon, G.L. Targeted prodrug design to optimize drug delivery. *AAPS PharmSci* 2000, 2, E6.

[CrossRef] [PubMed]

13. Silva, A.T.D.A.; Chung, M.C.; Castro, L.F.; Güido, R.V.C.; Ferreira, E.I. Advances in prodrug design. *Mini Rev.*

Med. Chem. 2005, 5, 893–914. [CrossRef] [PubMed]

14. Williams, H.D.; Trevaskis, N.L.; Charman, S.A.; Shanker, R.M.; Charman, W.N.; Pouton, C.W.; Porter, C.J.H.

Strategies to address low drug solubility in discovery and development. *Pharmacol. Rev.* 2013, 65, 315–499.