

# REVIEW ON BEST AUVRVEDIC MEDICINES FOR PILES, FISTULA AND FISSURE IN INDIA

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## ABSTRACT

*This article is mainly prepared for the awareness of the best Ayurvedic medicines of India, majorly used for the cure of non-stopping spreading disease i.e. Fistula and Fissure. For all intents and purposes it has been watched that lone first degree heaps/hemorrhoids and butt-centric crevice in its underlying stage can be controlled by Ayurvedic medicine. In any case, in second, third and fourth degrees of heaps/hemorrhoids, fissure and fistula sore, pilonidal sinus and so on need surgical mediation. However individuals tend to shun surgery because of trepidation and/or cost and meander here and there looking for prescription. Quacks take the favorable position from such patients lastly prompt disturbance of the malady. Pilex Himalaya, PF2- Cure, Dabur Arshakuthar, Divya Arshkalp Vati, Baidyanath Pirrhoid are the major reliable brands of India for the treatment of Piles fistula and fissure.*

**Keywords :** *Piles, Fissure In Ano, Fistula In Ano, PF2 Cure, Parikartika, Bhagandar ,Ayurvedic regimen, Ajmodadi Churna, Haridrakhand, Khar Pisti.*

## INTRODUCTION

An anal fistula is a small channel that can develop between the end of the bowel and the skin near the anus. An anal fistula can cause bleeding and discharge when passing stool -and can be painful. An anal fistula can occur after surgery to drain an abscess. In some cases, an anal fistula causes persistent drainage. In other cases, where the outside of the channel opening closes, the result may be recurrent anal abscesses. The only cure for an anal fistula is surgery if it doesn't get normal after medication, but according to the recent medical surveys the Ayurvedic medicines such as Pilex and PF2-Cure have given better result as compare to other medicines. An anal fissure is a small tear or crack in the lining of the anus. It may occur when passing large or hard stools, straining during childbirth, or experiencing bouts of diarrhea. An anal fissure can cause sharp pain and bleeding during and after bowel movements. It may also cause itching and burning in the anal area. An anal fissure is usually a minor condition that goes away within six weeks. Fissure in Ano in intense stage is discovered connected with draining and torment per rectum with blockage. Present study is for assessing impact of Ayurvedic compound drugs on a gathering of patients with Fissure in Ano with

blockage, draining and torment per rectum, trouble in crap, loss of voracity and shortcoming. The organization of Ayurvedic mixes as Haritaki Khand, Ajmodadi churna,& Kaharava pishti with hot sitz shower and Jatyadi taila basti with appropriate eating routine and regimen as depicted in Ayurveda indicated better reaction in controlling signs and manifestations inside a greatest span of 15 days. The treatment is powerful, practical and straightforward. Also appears need of post treatment follow-up in fissure in Ano. A solitary visually impaired clinical investigation of 10 patients of Parikartika and Bhagandar uncovered that torment lessened to 100%, seeping to 100%, stoppage to 100%, weakness to 80% and trouble to crap 100%. Subsequently this study demonstrated huge help in the patients of Parikartika. And Bhagandar Butt-centric fissure is a longitudinal split in the long pivot of lower butt-centric waterway yet in all actuality it is a genuine ulcer of the skin of the mass of the butt-centric channel. The site of partiality for a butt-centric fissure is the midline back. The following most successive circumstance is the mid line interiorly. As the careful cause is not totally saw In any case, neither the injury nor the cystitis is vital to the start of the procedure of butt-centric disease. As the stool is being

cleared through butt-centric trench, so it is simple for the irresistible material to be gotten or caught in one or a few butt-centric graves. The fluid material can pick up passageway into the butt-centric graves and their appended channels substantially more effectively than that material which from a genuinely dry and very much shaped stool. This is somewhat a state of reasonable significance in the best possible comprehension of the rectal spin-off of diarrheal malady. Once the butt-centric graves get contaminated then the intrusion of perpetual, and, now and again, the perirectal, tissue needs to take after when in doubt. This may happen straightforwardly, as a consequence of breaks in the congruity of the organ duct structure, on the other hand in a roundabout way by method for the veins and especially through the lymphatic. Further, ought to the contamination is confined externally in the subcutaneous tissue of the butt-centric divider, for the most part the back divider, there may take after disintegration of the overlaying butt-centric skin. The resultant is a ulcer of the butt-centric skin-i.e. An Anal Fissure and fistula, In ladies the front butt-centric fissure is normal, though in men the back butt-centric gap is normal. Fissure is for the most part single yet once in a while two or more gaps exist together. It happens in the

stratified touchy epithelium of the lower half of the channel. It might be intense or unending ulcer bears cone-shape and it is habitually joined by a free tag of skin, generally edematous, such a tag is known as sentinel tag. Parikartika and Bhagandar can briefly be ceased by preservationist.

## MATERIAL AND METHODS

Pilex Himalaya, PF2- Cure, Dabur Arshakuthar, Divya Arshkalp Vati, Baidyanath Pirrhoid are the most demanding Ayurvedic brands of India. And out of all PF2-Cure of Aayushman Pharma (Gwalior) India, has now become the challenging one due to its fast result in the treatment of Piles, Fistula and Fissure. In this continuation Himalaya's Pilex, Dabur Arshakuthar, divya Arshkalp Vati, and Baidyanath Pirrhoid are also reliable one.



*Himalaya's Pilex for the treatment of Piles is conventionally advised to take twice in a day with some precautions during the treatment as suggested by the general physicians.*



*Ayushmaan Pharmaceuticals' PF2-Cure for the best treatment of Piles, fistula, and fissure. Its an only 7 days course and one capsule is taken daily with normal water, empty stomach, and that too early in the morning or further as directed by your physician.*



*Divya Arshkalp Vati is a piles herbal remedy that helps in the **treatment of piles**. It is a natural remedy that prevents surgery and helps in natural piles cure. It is a wonderful **piles herbal cure** that does not produce any side effects and leads to complete restoration of health. Two tablets with hot milk, empty stomach and two tablets at night, half an hour before dinner is commonly recommended.*



*Dabar's Arshakuthar Ras is an Ayurvedic medicine in tablet form. It is used in the treatment of hemorrhoids. 125 – 250 mg once or twice a day, before or after food or as directed by Ayurvedic doctor. It is traditionally administered along with honey, hot water. Before taking this medicine physician's advice should also be taken.*



*Pirrroids tablet is effective in pile/haemorrhoids with or without bleeding. It is ayurvedic treatment of Piles causes due to indigestion, Constipation. It relieves inflammation, helps in shrinkage of piles. Ensures smooth evacuation of bowel. Minimise*

*aggravation of Haemorrhoids. Stops burning and itching due to piles. Commonly 1 or 2 tablets twice in a day is advisable or as directed by physician.*

Medicines	Year Session	Cure Percentage
Pilex	2010-2015	67%
PF2-Cure	2010-2015	73%
Arshkuthar Ras	2010-2015	54%
Arshkalp Vati	2010-2015	67%
Pirrhoid	2010-2015	64%

## TREATMENT AJMODADI

### Churna

Ajmodadi churna is portrayed in Ayurveda Saar Sangrah, Sharangdhar Samhita, Ras Tantra Saar. It is very basic compound among Ayurvedic specialists. According to equation portrayed in Ayurveda Saar Sangrah which is as below Ajmoda, Vaividang, Saindhav lavan, Devdaru, Chitrak, Soya, Peepal, Piplamool, Kali mirch, Haritaki, Vidhara, Saunth-the detailing is demonstrated in Shotha, Aamvaat, Gradhrusi, Guda roga, Jangha roga, Tooni-Pratitoni and for Kapha and Vaata vikaara.

## Haritaki Khand

Haritaki khand is depicted in Bhaishajya Ratnavali Shoola roga Chikitsa prakaran, 30th part. There are two plans given. We utilized second detailing which is called Haritaki khand dwitiya in the content. Its signs are Amlapitta, shoola, six sorts of Arshas, Vaat vikaara, Kosth kupit vaata, Kati-shoola, Daarun aanaah KAHARAVA PISHTI Kaharva pishti is portrayed in Ayurveda Saar Sangrah. Its signs are Rakt-stambhak, Pitta shamak, Amashay kriya vardhak, hridaya, Vrana-shodhak

## Jatyadi Taila

Jatyadi taila as depicted in Ayurveda Saar Sangrah is utilized here. Its signs are Vrana shodhak, Vishaghn, gashed wounds, infected wounds

## NEED OF STUDY

There are such a variety of medications accessible in Ayurvedic writings for Anal gap. Be that as it may, real need for the patient is –which prescription calms his/her side effects. Current prescription is prone to be more picked because of its quick adequacy so a patient for the most part moves towards present day framework. According to the present perspective, Ayurvedic specialists are more accessible

then the current specialists in all nuck and corners of the nation. On the off chance that we select a fast alleviation plan then patient will most likely move towards Ayurveda. Henceforth this study was directed for getting a reasonable administration of Piles, Fissure and fistula , by which fast alleviation could be conveyed to patients.

### RAW PRESCRIPTIONS

Term of Treatment - All the patients were given pharmaceutical for 15 days as underneath

1. Ajmodadi churna-2gm Twice every day after dinners with high temp water.
2. kahrava pishti-125 mg Twice every day after dinners with high temp water.
3. Haritaki khand - 1gm H.s with boiling hot water.
4. Jatyadi Tail Basti-20ml Once time in a day

Although the above raw herbs may be taken but formulated and balance ayurvedic medicine is always advised and the result shown in the table clearly states that PF2 Cure, Arshkalp Vati percentage of cure is high therefore these main two or other three having good impact for the treatment of Piles, Fistula and Fissure.

### CONCLUSIONS

According to the aftereffects of study, taking after conclusions were made Control of draining per rectum through Ayurvedic meds is simple and entirely compelling furthermore, fast. Eating regimen and way of life, and also prescriptions to be kept up for a base time of 3 months to get complete treatment of Piles, Fissure, and fistula. Inside the time of 3 months, if treatment or any regimen ignored, that may bring about repeat of symptoms.

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